

The Haven at First and Market

112 West Market Street | Charlottesville, Virginia 22902



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Kay's Kitchen

Kay's Kitchen is dedicated to alleviating hunger through community food projects while fostering partnerships in a safe, vibrant and inclusive environment.

Our Goals

- To provide nutritious meals to those that need them so they can focus on meeting their other needs.
- To enhance and promote good health by increasing awareness of healthy food choices and nutritious cooking.
- To foster and support self-reliant and empowered community members through education, training and mentorship programs.
- To provide culinary arts vocational training to help clients gain skills and employment in the food service industry.
- To collaborate with existing organizations to eliminate hunger and build sustainable good partnerships with food producers, providers and purveyors.

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Kay's Kitchen willingly receives donations of supplies and equipment including, but not limited to:

- Commercial kitchen equipment and supplies
- Dining room supplies
- Kitchen linens and towels
- Paper products
- Janitorial supplies

Contact:

Kaki Dimock
TJACH Executive Director
(434) 973-1234 -phone
executivedirector@tjach.org

Leading People Home



Thomas Jefferson Area
Coalition for the Homeless

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The Haven at First & Market is a dynamic, multi-purpose community space that features resources for the hungry, disadvantaged and homeless. It enhances our community by providing a centralized space for resource providers, a community kitchen, a day haven, and a cultural and arts space in downtown Charlottesville. The Haven at First & Market is in a completely renovated church and annex building located in downtown Charlottesville, across from Lee Park and one block from the library.

Kay's Kitchen at the Haven at First & Market will serve a Fresh Start breakfast meal seven days a week in the large dining area on the building's first floor. Volunteers will prepare and serve the meal to an estimated 50 individuals daily. Volunteers will also prepare bagged lunches for those client guests that work. Plans include a kitchen skills job-training program for client guests in collaboration with local adult and vocational educational agencies to assist client guests in their job search and readiness. Basic kitchen safety skills, catering, and janitorial classes are in development as part of the Get Cooking Program.

How you can get involved:

Volunteer!

We invite individuals and groups to participate in our efforts to provide a low-barrier, free breakfast meal every day.

- Adopt-A-Day by committing to volunteer on a particular day of the week or day of the month. Your consistency will go a long way to helping our program and will give you the chance to get to know the kitchen routine and your fellow volunteers.
- Volunteer on a day-to-day basis. This option gives you the most flexibility and still allows for you to be integrally involved in Kay's Kitchen programming.
- We schedule volunteers for two kinds of shifts:
Food Service (4 hour commitment: 6:30am - 10:30am):
Prepare breakfast, serve the meal and clean the kitchen

Food Management (3 hour commitment: times vary):
Pick up and transport food inventory and donations;
receive, sort and restock donations for the kitchen

Donate!

Kay's Kitchen relies on your donations to provide our services. Please consider a gift to support our efforts to respond to hunger and homelessness in our community.

- \$20 will feed a hungry person every day for two weeks.
- \$80 will feed a hungry family for two weeks.
- \$250 will feed a hungry person every day for six months.
- \$500 will feed a hungry person for a year.
- Kay's Kitchen needs kitchen linens and towels, paper products, janitorial supplies, silverware, plates, platters, cups, tables and chairs.

The success of our program is inextricably linked to the strength of our community partnerships, especially those with our volunteers and benefactors. We could not do this work without you and we thank you for your support.



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